ecocentro

Organic Vegetarian Restaurants

SEPTEMBER

MENU OF THE DAY

Tuesday

Starters

- Sweetcorn and yellow pepper cream Soup
  Sweetcorn, roasted yellow pepper, ginger and vegetable cream.
- Mediterranean salad **(vegan option without cheese)**
  Mixed lettuce leaves, spinach, cherry tomatoes, red onions, cucumber, **(feta cheese)** and black olives, olive oil, wine vinegar, Dijon mustard and lemon

Main Courses

- Lentil meatballs with cauliflower puree
  Lentils, onion, garlic, carrot, cumin, salt, pepper, sweet paprika, cauliflower, olive oil, salt and margarine.
- Vegetable frittata with fresh salad
  (Egg) zucchini, cream, red bell pepper, onion, leek, **(mozzarella cheese)**, oregano, salt and pepper, green salad, green apple, **(walnuts)**, olive oil, apple cider vinegar and **(pumpkin seeds)**.

Desserts

Please ask our waiters about today's options.

- Assorted small cups (your choice)
- Cake of the day (+€3.50)

PVP

€14.95

Available at the Gourmet Restaurants and Bio-buffet

From 1:00 PM to 4:00 PM, Monday to Friday (excluding holidays)

Vegan Gluten free Dried fruits